

Event Schedule

- KENT & SUSSEX COUNTIES
MAJOR CYCLING EVENTS
- March**
Icicle Century
- April**
Southern Delaware Heritage Bike Race
Ocean to Bay Bike Tour
Seaford Heritage Trail Bike Race
- May**
Bike to Work Week
- June**
L. A. B. Pedal for Power
- July**
Delaware Doublecross
- September**
Savage Century
Amish Country Tour
Rehoboth Twin Century
Fowl Crab Century
Southern Delaware Heritage Trail Bike Tour
- October**
MS Bike to the Bay
Seagull Century
Cape May Weekend C.R.A.B. Ride
- Information centers**
Smyrna Visitors Center
(302) 653-8910
- Delaware State Visitors Center**
302-739-4266
- Lewes Chamber of Commerce & Visitors Bureau**
Lewes, DE
(302) 645-8073
- Rehoboth Beach – Dewey Beach Chamber of Commerce**
1-800-441-1329
- Bethany – Fenwick Area Chamber of Commerce Visitors Center**
1-800-962-7873
- Delaware State Chamber of Commerce Visitors Center at Bridgeville**
302 337-8877
- Cape May-Lewes Ferry Terminal**
Lewes, DE
(302) 645-6346
- Greater Seaford Chamber of Commerce**
P.O. Box 26
Seaford, DE 19973
(302) 629-9690

For information on each event please go to www.deldot.net/bike or call (302) 760-BIKE.

Getting to Delaware

Delaware is surrounded by Pennsylvania and New Jersey to the north and Maryland to the south and west. From southern New Jersey, bicyclists will find that the Cape May-Lewes Ferry is an ideal way to start a bicycle trip in southern Delaware. Further north, in Delaware City, the Delafort Ferry provides seasonal access from Southern New Jersey.

If you are not taking a ferry or driving, you may need to use a bridge to cross over the Delaware River at some point. To cross the Delaware Memorial Bridge, call the bridge police at (302) 571-6342 for a possible ride. In Pennsylvania, bicyclists can cross the Ben Franklin Bridge or the Tacony-Palmyra Bridge using the pedestrian walkways.

If you bicycle from northern New Castle County, expect heavy traffic during the morning and afternoon business commute hours. Traffic is also heavier on weekends and during holiday beach travel times.

Access across the C&D Canal is limited to the Summit Bridge on Route 896 and the bridge on Route 9 (Delaware City). The Route 13 bridge in St. Georges is not recommended for bicycle passage. At the Western end of the C&D Canal, the Route 213 bridge in Chesapeake City, MD, is only recommended for bicycle passage via the sidewalk along the northbound travel lane.

Delaware and Maryland are part of the Delmarva Peninsula. Bicycls are not permitted on Route 301 or on or through the Chesapeake Bay Bridge Tunnel.



Mileage



Tour Loops

Southern Delaware Heritage Trail

Delaware's only recognized heritage cycling trail, the Southern Delaware Heritage Trail, connects rivers, scenic drives and cycling routes, local heritage, historical sites, tax-free antiquing, country inns, bed and breakfasts and full service motels. This award-winning cycling trail covers more than 130 miles of flatland cycling, and includes points of interest such as the 200-year-old, cable-run Woodland Ferry, the Civil-War era Gov. Ross Plantation and slave quarters, shipbuilding towns of Milford, Milton and Bethel, and a look at Delaware's Native American culture at the Nanticoke Indian Museum. The trail is home to two annual cycling events, a two-day competitive bike race for semi-professional cyclists each April, and a 15, 25 and 50-mile bike tour in early September. For a free cycling map, call Southern Delaware Tourism, 800-357-1818, or view it on line at www.visitdelaware.com.

Amish Country Tour



The event provides well-marked routes of various lengths and will take you along scenic Amish country. Our generously supplied rest stops will keep you going until you reach our Start/Finish line. At Legislative Mall in Dover, DE you can enjoy a relaxing massage under the trees, listen to our talented local bands, welcome back your fellow riders and enjoy our post-ride feast.

This map displays a forty-mile loop of completely flat, lightly traveled backcountry roads of Kent County. During the first Saturday after Labor Day you can participate in Delaware's best one-day cycling event.

For more information about this event contact the Diamond State Bicycle Club at 1338 Lockmeath Way, Dover, DE 19901.

American Discovery Trail

The National Millenium Trail begins at Cape Henlopen State Park and ends at Point Reyes, California. The Delaware portion is 52 miles long. The route will take you on paved county rural roads across the state. Cyclists will encounter many points of interests including Cape Henlopen State Park, Cape May-Lewes Ferry, Zwaanendael Museum, Atlantic Ocean beaches, historic towns of Lewes and Milton, Redden State Forest and to the Delaware Maryland State line.

Cyclist Ride Around the Bay (C.R.A.B. Ride)

This 25-mile loop is a tour for cyclists of all ages. The route starts and finishes at Holts Landing State Park and is an easy distance from the coastal areas of Bethany Beach and Fenwick Island.

The Delaware Recreation and Parks Society holds the C.R.A.B. ride event annually in October. For more information about this event contact DRPS C.R.A.B. Ride, C/O Parks & Recreation, Volunteer Administrator, 89 Kings Highway, Dover, DE 19901 (302) 739-5285.

Bicycle Route 1

Delaware's first statewide signed bicycle route, this 150-mile route alignment was identified as a preferred north-south route by local cycling groups. It extends from the



Brandywine Creek State Park in New Castle County to the Delaware/Maryland border on the Atlantic Ocean in Sussex County.

Bicycle Route One uses a wide variety of existing roadways, including 10-foot wide county lanes, residential streets, rural roads, and state numbered high-speed highways. The route is signed with a green and white oval shaped bike route sign, enabling cyclists to follow its length easily.

The terrain in Kent and Sussex Counties is generally level, passing through rural areas of agricultural and residential uses. Near Rehoboth Beach, services cater to the summer ocean-front activities, and south of Dewey Beach, much of the landscape is undeveloped with seashore and sand dunes to the east and wetlands and marshy areas to the west.

Bicycle Touring in Delaware



Kent and Sussex Counties

Bicycle Friendly Transit

Bringing a bicycle on a bus can be a great time saver to a weary bicyclist, or a welcome relief from the heat or rain. Listed below is information for bicycle friendly transit service in Delaware.

DART
www.dartfirstst.org
1-800-553-DART

Sussex County

DART First State Sussex County Routes operate Monday through Friday between the hours of 6 AM and 6 PM. Additional resort area transit operates between Memorial Day and Labor Day. All buses are equipped with wheelchair lifts and bicycle racks.

Year Round Routes

- 206 : Georgetown / Lewes / Rehoboth (Route 9 and DE 1)
- 210 : Georgetown / Milton / Ellendale / Milford (US 9/DE 30/DE 16, US 113)
- 212 : Georgetown / Bridgeville / Seaford / Laurel (DE 404, US 13)

301: Express bus service Dover and Smyrna to Wilmington. Bus travels on DE 1 stopping at select Park and Rides. \$5.00 Wilmington to Dover. Bicycles may be placed in the luggage bay underneath the bus after the front wheel has been removed.

Summer Routes

Buses operate between Lewes, Quakertown, Rehoboth and Dewey Beach.

Cape May Lewes Ferry
<http://www.capemay-lewesferry.com>
In NJ (609) 886-1725
In DE (302) 426-1155
Email: sailme@cbna.net

\$5.00 Off Peak, November to April
\$15.00 Peak, May to October

Delafort Ferry

(302) 834-7941

The Delafort Ferry runs seasonally between Delaware City and Fort Mott, NJ during the months of April through October. The ferry runs Wednesday through Sunday. Bicycles are not allowed

Loop Touring Options Using Amtrak



on Pea Patch Island. Groups of 6 or more must call ahead to notify the crew. This is the only river crossing between south of Philadelphia and north of Lewes DE. The fare is \$6.00.

Amtrak
(800) USA-RAIL
Amtrak trains that have baggage cars carry bicycles for a fee. Certain Northeast Corridor Trains, such as the Vermonter, have bicycle racks that hold un-boxed bicycles. Otherwise, contact Amtrak to see if bicycle boxes may be purchased at the station from which you plan to depart.

SEPTA

(800) 562-DART

SEPTA rail service from Philadelphia serves Wilmington and Newark in New Castle County.

State Parks

The Division of Fish and Wildlife manages 54,000 acres of upland, marsh and aquatic habitat, including 12 wildlife areas and 49 fishing and boating access sites. Hunter access trails and roads offer miles for hiking and biking and outstanding wildlife viewing opportunities, though caution must be used during hunting seasons.

Cape Henlopen

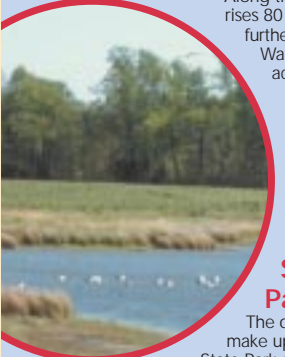
The parks 3,769 acres provide a variety of recreational and educational opportunities for visitors. Swim, sunbathe, or just walk along the Cape's sandy beaches. Surf fishing and hiking are other popular activities.

Along the coast, the Great Dune rises 80 feet above sea level, and further inland, the famous Walking Dunes slowly move across the pine forests.

Cape Henlopen State Park is open from 8:00am until sunset daily, an entrance fee is charged. For more information call (302) 645-8983.

Delaware Seashore State Park
The over 2,700 acres that make up Delaware Seashore State Park are bounded on the east by the Atlantic Ocean and on the west by the Rehoboth and Indian River Bays. Because of the natural forces of wind and water, the natural shifting of the inlet channel between the bay and the ocean left this barrier island inaccessible until the mid-1900s.

Delaware Seashore State Park is a haven for beach lovers, with swimming and sunbathing as main attractions to the park; the park's campground is a vacation destination for thousands of visitors each year. In addition, there are designated areas for surfing just north of the Indian River Inlet. The park is open from 8:00am to sunset, year-round; and entrance fee is charged. For more information call (302) 277-2800.



The park is open year-round, 8:00am to sunset. For more information call (302) 284-4526.

Fenwick Island State Park

Fenwick Island State Park is on the barrier island that lies between Bethany Beach and the state line at Fenwick Island. The Park is a popular area for swimming and sunbathing. There are also areas designated for surfing, fishing, and watersports. Several species of waterfowl make their home in the salt marshes that line the Little Assawoman Bay. The barrier dunes that lie along the ocean are home to the federally protected piping plover. Fenwick Island State Park is open from 8:00am to sunset, year-round; and entrance fee is charged. For information call (302) 539-9060.

Trap Pond

Trap Pond State Park has canoe trails through the northernmost stand of naturally occurring baldcypress in the United States.

If you like the outdoors but lack the accommodations, don't worry – Trap Ponds "rent-a-tent" program provides everything you need.

For more information call (302) 875-5153.

Holts Landing

Located on the southern shore of the Indian River Bay, the park offers family fun, picnicking, playground, boating, fishing and clamming.

For more information call (302) 539-9060.

Killens Pond State Park

Year-round camping and cabins, boating, fishing, 2.75-mile pond side trail, 3.5-mile canoe trail, 1.3-mile cross country course, athletic fields, summer swimming and nature center. Off U.S. 13, north of Harrington.



The park is open year-round, 8:00am to sunset. For more information call (302) 284-4526.

Bicycle safety information



Wear A Helmet:

It's the law for bicyclists 16 and under, but EVERYONE should ALWAYS wear one!

Ride With Traffic:

As a bicycle rider, you are recognized as a legal driver of a vehicle in all states. Therefore, drive your bicycle as you would any vehicle. Obey all traffic laws. Even though the bicycle is very maneuverable, this does not mean that the cyclist can violate traffic laws with impunity. Ride on the right side of the street in the SAME direction as traffic is moving. Ride single file and stay about a car door's width away from parked cars. Watch for cars using the shoulder as a travel lane.

Intersections

Ride in the right most lane that goes to your destination. In single destination lanes, ride on the right-hand side of the lane. In multiple-destination lanes, ride in the side of the lane appropriate for your destination and current traffic conditions.

Changing lanes safely

You must be confident and assertive, but not reckless. In order to change traffic lanes in traffic, cyclists must:

Follow The Rules:

The same traffic laws apply to bicyclists and drivers. Obey all signs and signals, and follow lane markings. Keep your eyes on the road!

Use Signals:

Clearly show your intentions when making turns and changing lanes.

Stay Alert:

When turning or crossing the street, make sure that drivers see you by making eye contact. Watch out for hazards like storm grates, slick or uneven pavement surfaces, and other potential road obstructions.



Nature Preserves and Wildlife Refuge Areas

Woodland Beach Wildlife Area

This 4,794-acre wildlife area is a popular site for fishing, nature study, and crabbing. A bird watching tower is located nearby. This refuge offers sanctuary for huge flocks of Snow and Canada geese. (302) 653-2882.

Bombay Hook Refuge

The more than 16,000 acres of brackish salt marsh, fresh-water pools, brush and timbered swamp, croplands, and grassy and timberland upland serve as home for 256 identified species of birds, 33 species of mammals, and 37 species of reptiles and amphibians.

Birdwatching is a favorite activity among visitors to the refuge. White-tailed deer, fox, otter, muskrat, opossum, gray squirrel, woodchuck, and bald eagle can also be seen by the careful observer.

Hours: Mon – Fri, 8:00am to 4:00pm, Weekends: 9:00am to 5:00pm. The Visitors Center is closed on summer and winter weekends.

Little Creek Wildlife Area

The wildlife area consists of over 4,500 acres and is managed primarily for waterfowl. For more information call (302) 678-9472.

St. Jones Research Reserve

The St. Jones Reserve is a component of the Delaware National Estuarine Research Reserve, comprising over 700 acres of land, is located off Kitts Hummock Road. The Reserve features tidal brackish and salt-water marshes dominated by saltmarsh cordgrass and salt hay, and open water buffered by upland woodlands, farmlands and meadows. For more information call (302) 739-4413.

Ted Harvey Conservation Area

The Ted Harvey Conservation Area – Logan Lane Tract, is a 2,016-acre site managed primarily for hunting and as a refuge for migrating waterfowl. There is an observation blind on the beach for viewing a variety of birds. Here you might see bald eagles, widgeons, teal, mallards, and other species.



Lock Up:

Always lock your bike.

Sidewalks and Bicycles:

Pedestrians have priority on sidewalks. Young children can ride on sidewalks, except where there are a lot of people walking. As a rule, adults shouldn't ride their bikes on the sidewalk unless alternatives are unsafe.

Riding At Night:

Minimize night riding, but DO outfit your bike with lights visible from 500 feet and reflectors visible from 600 feet, as required by Delaware Law.

Be Prepared To Stop:

Don't ride one-handed and always be ready to brake with two hands. If it's raining, you need to allow more time to stop.

Bicycling in Delaware

March through October are the best cycling months in America's First State. With the Delaware River, Delaware Bay, and Atlantic Ocean as its eastern coastline, the quiet elegance of Amish farmlands located in the central portion of the state and west of Dover, the lands of the Nanticoke Indians in the southern part of the state, and the rolling hills of the historic Brandywine River Valley featured in the northern county, is a kaleidoscope of natural and historic sites.

The area south of the Chesapeake & Delaware (C&D) Canal is generally a flat coastal plain, rural and agricultural, with several fine beach resorts along the Atlantic coastline. North of the C&D Canal is much more urban, and offers flat cycling as well as the challenging cycling of the Piedmont areas, with grades of more than 15 percent when entering and leaving the river valleys.

Warm, humid summers and mild winters are the norm. Prevailing southern moisture-laden winds cause the relative humidity to be high all year and about 75 percent in the summer. Delaware's three major waterways allow cool breezes from over the water to combat the land-heated air from the west. Temperatures usually peak in the 80's with temperatures in southern Delaware tending to be a few degrees warmer.

Rainfall precipitation is fairly uniform year round, highest in the summer, and averages about 41 inches annually. Most winter precipitation is rain, frequently mixed with sleet, but the average snowfall is 21 inches. The heaviest month for snowfall is usually February, averaging 6.6 inches.

All roads in the state of Delaware, except on limited access or express state highways (which includes I-95 and the Delaware Memorial Bridge), may be traveled by bicycle.

Planning Your Bicycle Trip

You can look at a road map and see where the roads go. But by using this map, you may be able to better plan your bicycle trip. Consider planning a short trip that will allow you to make side trips to some of the points of interest noted on the map.

Whether you take a day trip or are bicycling along the entire east coast, you will want to familiarize yourself with the line symbols. To avoid riding on the busier roads, look for the thicker lines. The thicker lines represent roads with less traffic.

The roadway conditions shown on this map represent roadway conditions in 1999 and are the result of analysis completed in July 1999 using traffic volumes collected for 1998. The Bicycle Level of Service (BLOS) methodology used was developed by Sprinkle Consulting to assess roadway suitability. BLOS assumes that the of comfort on a given street is generally a factor of a bicyclist's proximity to motor vehicle traffic, the speed of adjacent motor vehicle traffic, the volume of traffic and the general condition of the pavement. The numerical scores from this analysis have been simplified from values between A and F to the following: Above average, average, below average, not recommended, or limited access.

The BLOS rating does not account for sudden obstacles that may be present along each street: Hazardous drainage grades, road construction sites, sunken manhole covers, rough railroad crossings and other obstacles that cause severe problems for bicyclists.

Besides identifying desirable roads, this map should help you find campgrounds and other overnight accommodations. More trip planning information can be obtained from one of the sources listed on this map.



KENT COUNTY

Diamond State Bicycle Club
P. O. Box 1729
Dover, DE 19903
(302) 697-6400

Milford Bicycle Club
3 North Walnut Street
Milford, DE 19963
(302) 422-8030

Wheel Easy Bicyclists
321-D Independence Blvd.
Dover, DE 19904
(302) 734-4994

Kent County Tourism
9 East Lockerman Street
P. O. Box 576
Dover, DE 19903
1-800-233-KENT
(302) 734-1736
www.visitdover.com

Biking Inn-to-Inn, Kent County
Get number from Lisa Lasher

SUSSEX COUNTY

Nanticoke Bicycling Association
400 Woodland Lane
Dover, DE 19901
(302) 429-1268

Seaside Cyclists
RD2 Box 216
Dagsboro, DE 19939
(302) 732-1130

Sussex Cyclists
28 Marshall Rd.
Rehoboth, DE 19971
(302) 227-3697

Southern Delaware Tourism
P. O. Box 240
Georgetown, DE 19947
1-800-357-1818
(302) 856-1818
www.visitdelaware.net

Biking Inn-to-Inn, Sussex County
(302) 875-8500

NEW CASTLE COUNTY

White Clay Bicycle Club
49 Marsh Woods Lane
Wilmington, DE 19810
(302) 529-7929

Biking Blue Hens
1211 King Street
Wilmington, DE 19801
(302) 571-9924

Delaware Trail Spinners
(302) 368-7337

Toucan Tandem Bicycle Club
(302) 764-2501

STATE WIDE & OTHER

Delaware Tourism Office
99 Kings Highway
Dover, DE 19901
1-800-441-8846
(302) 739-4271
www.state.de.us/tourism.htm

Delaware State Parks
89 Kings Highway
Dover, DE 19901
(302) 739-4702
www.destateparks.com

Delaware Bicycle Coordinator
Delaware Department of Transportation
P. O. Box 778
Dover, DE 19903
(302) 760-BIKE

www.state.de.us/deldot/bike
E.Holloway@mail.dot.state.de.us

Delmarva Advisory Council
P. O. Box 4277
Salisbury, MD 21803
(410) 742-9271

Smyrna Visitors Center
(302) 653-8910

Delaware State Visitors Center
302-739-4266.

Lewes Chamber of Commerce & Visitors Bureau, Lewes, DE (302) 645-8073.

Rehoboth Beach – Dewey Beach Chamber of Commerce 1-800-441-1329.

Bethany – Fenwick Area Chamber of Commerce Visitors Center For more information call 1-800-962-7873.

Delaware State Chamber of Commerce & Visitors Center, Bridgeville (302) 337-8877.

Cape May-Lewes Ferry Terminal For information call (302) 645-6346.

Camping in Delaware

Several state parks have campgrounds, and it is a good idea to make advanced reservations. See the State Parks Facilities matrix for a listing of these.



SUSSEX COUNTY

Bethany/Fenwick Area

Pine Tree Campground
Ocean View, 302-539-7006
Seasonal, tent and RV.

Sandy Cove Camping Area
R.D. 1, Box 256, Ocean View, 302-539-6245
Year-round, tent and RV.

Treasure Beach RV Campground
Route 54, Fenwick Island, 302-436-8001
Seasonal, tent and RV.

Holly Lake Campsites
Route 24, Millsboro, 302-934-3410

Leisure Point
Guinea Creek, Millsboro, 302-934-2000

Lewes/Rehoboth Area

Delaware Seashore State Park
850 Indian River Inlet
302-227-2800
Limited year-round, tent and RV.

Big Oaks
Box 53, Lewes-Rehoboth Highway, 302-645-6838
Year-round, tent and RV.

Holiday Trailer and Camping Park
Nassau, 302-645-6522

Homestead Campsites
RD 4 Box 154, Near Harbeson 302-684-4278
Seasonal, tent and RV.

Steamboat Landing
Near Route One, Lewes, 302-645-6500

Tall Pines Resort Community
221 Tall Pines, Cooksprings, Lewes 302-684-0300
Seasonal, tent and RV.

Millsboro